

# **PSC U8 MODIFIED RULES OF THE GAME**

Home Team- Blue Jersey.

Away Team- White Jersey.

FIELD OF PLAY: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

The field of play is divided into two halves by a halfway line.

\*Center Circle: On Kick Off the defending team must be out of the circle.

\*Goal area (Goalie may touch the ball with his hands only in this area.)

GOALS: 6x12 Goals shall be placed on the center of each goal line. The goals need to be properly anchored.

THE BALL: U8 uses a size 3 soccer ball. Home team shall provide the balls for the game.

NUMBER OF PLAYERS: Each team will divide into two teams of 5 players. Coaches should have an A-side (more aggressive/experienced) and a B-side (less aggressive/experienced). At any time during the game Coaches may switch their players between sides. Coaches should talk before the game and decide which field is A or B. Minimum 4 players per side.

GOALKEEPERS: U8 is to teach the players about the Goalie position. Goalies must wear a Goalie shirt. The shirt must not be blue or white. A pennie jersey is sufficient to distinguish the goalie from other players. NO drop kicks. The goalie must roll (throw) the ball back into play. Coaches please teach your players that once a Goalie touches the ball with his/her hands they may no longer play (kick) the ball. This is important for the safety of the goalie.

MIDFIELD RETREAT LINE: Anytime the goalie gains possession of the ball with his/her hands, or on a goal kick, the opposing team must retreat to the midfield line. Once the ball is put back in play the opposing team may attack the ball.

SUBSTITUTIONS: At any stoppage of play and unlimited.

PLAYING TIME: Each player SHALL play a minimum of half the game.

PLAYERS EQUIPMENT: ALL players must have shin guards and SOCCER cleats. Cleats with a spike in the front (baseball cleats) are NOT allowed. Non-uniform clothing is allowed based on weather conditions, but the jersey must be worn on the outside and be visible. NO Jewelry allowed (earrings,bracelets, rings, necklaces.)

REFEREE: Coaches shall act as Referees. Both Coaches are allowed on the field during the Match. Both Coaches shall work together to Referee the game. Fouls should be held to a minimum. Unless it's a blatant handball let the play continue and be sure to briefly explain any penalties.

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DURATION OF THE MATCH: The match shall be divided into four (4) equal, ten (10) minute quarters. There shall be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four. There shall be a half-time interval of five (5) minutes.

SCORE: NO score is kept or recorded.

OFFSIDES: NO Offsides but keep players from camping out near the goal.

FOULS AND MISCONDUCT: all fouls shall result in an indirect free kick. The referee/coach must explain ALL infringements to the offending player. No cards shown for misconduct.

FREE KICKS: All free kicks are indirect and opponents are at least four (4) yards from the ball until it is in play.

PENALTY KICKS: NONE

THROW INS: Players shall throw the ball in to restart play. The opponents shall be (4) yards from the ball until it is in play. Try and teach the kids proper technique. Do not stop play if a kid lifts his foot, just give a reminder to keep his/her feet down.

GOAL KICKS: Are to be taken from the corners of the Goal Box. Defenders need to retreat to the midfield line until the ball is in play.

CORNER KICKS: To be taken from the corner. Defenders need to be at least 6 yards from the ball until it is in play.

**PROSPECTOR SOCCER CLUB OFFICIAL U6 PLAYING RULES AND REGULATIONS.**

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