

PSC U10 7v7 Modified Rules of the Game
Modifications to the FIFA Laws of the Game

To be used in conjunction with the FIFA Laws of the Game Manual

Home Team wears BLUE Jerseys. Encourage players to bring both jerseys to the game.

Home team supplies the game card. Home Coach should fill out his side first, then give the game card to the Away Coach in a timely manner. Home team should keep the game card until the score has been verified by both Coaches and recorded.

Home Team gets the sideline closest to the outfield fence. Visitors get the sideline closest to the infield. Parents and spectators shall sit on the same side as the team they are supporting. Coaches are responsible for the control of their team; the players, their parents, and other spectators. The coach may be sent off by the Referee as a result of inappropriate behavior by any of these individuals.

At least one coach or League representative with a currently valid coach's pass must be present for each team throughout the match. If there is no coach or League representative with a currently valid pass present for each team, the game shall be immediately terminated.

Teams are not to run up the score. A score differential of more than 6 is unacceptable. Coaches are encouraged to find ways to improve their own team's skills without scoring more goals on its opponent.

The Ball: Size four (4). Home team shall supply the game balls,

The Number of Players: GIRLS 7v7 (1-Goalkeeper & 6 Field players): BOYS 7v7 (1-Goalkeeper & 6 Field players): Minimum of 4 players. No guest players. All players must have their player passes to participate in the game.

Substitutions: are allowed by either team at any natural stoppage of play and unlimited with the permission of the referee. Referees can deny a substitution if they deem it excessive, or of a time

wasting nature. Coaches must be respectful of the integrity of the game and not use the free substitution rules as a means of disrupting the game.

When subbing a player, have the player stand off the field about 1 yard at the halfway line for the referee to call them into the game.

Playing time: Every player must play a minimum of 50% of the game. (exceptions may be made for injuries etc)

The Players Equipment: Conform to FIFA.

The Referees: Conform to FIFA.

The Duration of the Match: 2 – 25 minute halves with 10 minute half-time.

The Start and Restart of Play: Conform to FIFA.

The Ball In and Out of Play: Conform to FIFA.

The Method of Scoring: Conform to FIFA.

Offside: Conform to FIFA.

NO SLIDE TACKLES: A slide tackle will result in a direct kick. The player doing the slide tackle may receive a yellow or red card depending on the severity. (Referee's discretion)

Fouls and Misconduct: Conform to FIFA.

- No heading of the ball. Intentional heading will result in an Indirect free kick (IFK) to the opposing team.

Free Kicks: Conform to FIFA. U11/U12 have a 8 yard standoff.

The Penalty Kick: Conform to FIFA. U11/U12 is set at 10-yards.

Throw-In: Conform to FIFA.

The Goal Kick: Conform to FIFA.

The Corner Kick: Conform to FIFA.

No drop kicks. The Goalie must throw the ball out or place the ball on the ground and kick the ball.

The Blue Line (retreat line): Offensive players must retreat to the blue line when the Goalie takes possession of the ball or on a Goal Kick. Once the defense puts the ball back in play the Offensive team may advance past the blue line. The defensive team doesn't have to wait for the offensive team to go beyond the line to put the ball in play.

At the end of every game Coaches should receive an email to score the game. Scores need to be submitted in a timely manner.

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